COVID-19 vaccination is recommended in pregnancy. Vaccination is the best way to protect yourself and your unborn baby from the known risks of COVID-19 during pregnancy.

**COVID-19 vaccines are safe in pregnancy**

- COVID-19 vaccines do not contain ingredients that are known to be harmful to pregnant people or to a developing baby. Ingredients do not cross the placenta or reach the baby.
- COVID-19 vaccination decreases the rate of stillbirth.
- COVID-19 vaccines cannot give you or your baby COVID-19 disease.
- Vaccination in pregnancy is associated with NO increased risk of:
  - Miscarriage
  - Preterm birth
  - Stillbirth
  - Complications at birth
  - Congenital abnormalities
  - Baby being born smaller than expected
  - Baby having health problems in first six months of life

**COVID-19 vaccines are effective in pregnancy**

- Very good at protecting against moderate and severe COVID-19 disease.
- Vaccination during pregnancy gives your baby protection against COVID-19 once they are born.

All stages of pregnancy are a clinical risk factor for COVID-19. If you are pregnant during the booster season, you will be offered a COVID-19 booster vaccine.

All references can be found in this detailed explainer by Dr Viki Male: tinyurl.com/pregnancydata

COVID-19 vaccine information from the Royal College of Obstetricians and Gynaecologists: fal.cn/3j0a9

Information updated in September 2023.