

## Allergy and Asthma

### Ink lungs

Different coloured drawing ink  
Different coloured card  
Straws  
Lung diagram  
Disposable tablecloth  
Wells for ink  
Wet wipes  
Pegs  
String (if you would like to hang the pictures up)

### Pollen Attack

Easel  
Giant printed nose (A0/A1) with velcro nostrils  
3 soft, Velcro-friendly balls  
Velcro nose

### Peak flow

Peak flow meters (small and large)  
Mouthpieces  
Bowls for mouth pieces  
Easel  
Paper  
Felt tips  
Tape measure/measuring stick

### Make your own mast cell

Plasticine  
Pasta shapes  
Pipe cleaners  
Coloured beads  
Any other craft supplies you wish!  
Plastic bowls  
Wet wipes  
Mast cell/allergy explainer cards