COVID-19 vaccination is recommended in pregnancy. Vaccination is the best way to protect yourself and your unborn baby from the known risks of COVID-19 during pregnancy.

**COVID-19 vaccines are safe in pregnancy**

- COVID-19 vaccines do not contain ingredients that are known to be harmful to pregnant people or to a developing baby. Ingredients do not cross the placenta or reach the baby.
- COVID-19 vaccines cannot give you or your baby COVID-19 disease.
- Vaccination in pregnancy is associated with **NO increased risk** of:
  - Miscarriage
  - Preterm birth
  - Stillbirth
  - Complications at birth
  - Congenital abnormalities
  - Baby being born smaller than expected

**COVID-19 vaccines are effective in pregnancy**

- Very good at protecting against moderate and severe COVID-19 disease.
  - Vaccination during pregnancy may give your baby protection against COVID-19 once they are born.

**Risks of COVID-19 during pregnancy for you & baby**

- Pregnant COVID-19 patients are more likely to get very unwell and need intensive care in hospital.
  - Preterm birth and stillbirth are more common if you develop COVID-19 while pregnant.
  - Risk of COVID-19 complications increases in second half of pregnancy.

You don't have to wait for a particular time in your pregnancy to get the COVID-19 vaccine. You can get vaccinated as soon as possible when it's convenient for you.

**Evidence from**

- **11 studies**, in **5 countries**, including **81,458 people** vaccinated in pregnancy

All references can be found in this detailed explainer by Dr Viki Male: tinyurl.com/pregnancydata
COVID-19 vaccine information from the Royal College of Obstetricians and Gynaecologists: fal.cn/3j0a9

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