Atchoooooo!!!!
What happens when we sneeze?

You sneeze when the sensitive inner lining of your nose gets irritated.

Nerve endings in your nose then signal to your brain that there is something in your nose that probably should not be there.

To get rid of whatever is in your nose your brain then signals your chest muscles to squeeze your lungs and vocal cords.

By doing this you build up a lot of pressure and its sudden release sounds like a mini-explosion that clears your airways!

Things that make us sneeze:
- Pollen
- Germs (Bacteria, Cold virus, Flu virus)
- Dust
- Hair